



Cooperative Extension's
Youth Development Program



4-H
Summer
Fun
2018

Hertford County 4-H
301 W. Tryon St.
Winton, NC 27986
(252)358-7822

<http://hertford.ces.ncsu.edu>
www.facebook.com/HertfordNCCES



GUIDELINES

ABOUT THE PROGRAM

The Hertford County 4-H Summer Fun Program will be offering fun and safe learning experiences for children this summer. Youth will learn and grow participating in these unique opportunities. For more information call: Hertford County Center, at (252) 358-7822, visit our website at <http://hertford.ces.ncsu.edu>, Facebook page www.facebook.com/HertfordNCCES

WHO CAN PARTICIPATE

Each workshop indicates the target age range for youth based on the developmental appropriateness of the curriculum being taught. **REGISTRATION IS REQUIRED IN ORDER TO PARTICIPATE AND ATTEND WORKSHOPS.** Adult and teen volunteers are welcome! If you are interested in becoming a volunteer, please contact the Hertford County Cooperative Extension Center at (252) 358-7822.

ARRIVAL AND PICK UP

The beginning and ending times are listed for each workshop. Parent(s)/Guardian(s) are expected to have their child arrive on time and picked up within 15 minutes of the conclusion of a workshop. **Failure to pick up your child(ren) according to these guidelines will result in the loss of participating in future activities and paid registration fees forfeited.**

**EACH CHILD MUST BE SIGNED IN AND OUT BY AN ADULT
ABSOLUTELY NO EXCEPTIONS!**

REGISTRATION FORMS AND FEES

Each participant is required to complete the online enrollment process before attending any workshop: <https://nc4honline.com>. Select North Carolina and begin the process.

Make checks payable to: Hertford County
Mail or bring forms to: Hertford County Extension Office
Attention: 4-H
301 W. Tryon St.
Winton, NC 27986

Payments can be made at the Hertford County Extension Center
Monday – Friday between 8:30am – 4:30pm.

NOTE: There will be a \$25.00 fee applied to all return checks.





REFUND POLICY

Registration fees are non-refundable in the event the child decides not to attend. In the event of cancellation due to lack of participation, fees will be refunded or can be applied to another workshop.

DRESS CODE

The Hertford County 4-H Program takes great pride in representing our clubs, communities, country and our world. Attire is very important to us. Please dress respectfully! The 4-H Program will not allow:

- Halter tops
- Tube/belly, strapless, or low-cut shirts
- Mini-skirts
- Short-shorts
- Any clothing that advertises: alcohol, drugs, tobacco, hate/messages/emblems or bad language
- Bathing suits must be age appropriate and be a conservative one piece

Outdoor activities require comfortable closed in (toe and heel) shoes. Clothing must be such that the youth are able to fully participate in their workshop activities. **ANY VIOLATIONS OF THE DRESS CODE COULD RESULT IN DISMISSAL FROM THE WORKSHOP WITH NO REFUND GIVEN.**

MEALS/SNACKS

Participants are required to bring their lunch, drink and snacks to workshops that meet during lunch hour unless otherwise written. Please ensure that your child(ren)'s lunch is properly packed to prevent food poisoning by putting a cold pack in the lunch bag or box. Be sure to include eating utensils, napkins, etc. Workshops held at the Extension Center have access to a refrigerator (space is limited so pack lunches that don't require refrigeration when possible). Lunches and drinks need to be clearly labeled with the youth's name. Please check workshop descriptions to determine if lunch will be provided.

For selected field trips you may send spending money with your child(ren) for refreshments or souvenirs. The Extension Center is not responsible for lost or stolen money. This is solely the responsibility of the child(ren).

DEADLINE DATES

Space is limited in each workshop. Workshops will be filled on a first-come, first-serve basis. Workshops that do not meet the minimum number requirement will be cancelled. **Registration and fees are due as noted on each workshop session. The instructor reserves the right to deny participation based on availability of supplies**

SUPPLIES

Please check workshop descriptions to determine whether supplies are needed or special instructions apply.

PROHIBITED ITEMS

We strive to create a fun and safe environment for all participants. To ensure a safe environment DO NOT BRING:

- Radios, iPods, MP3 players, etc.
- Electronic games, valuable items such as jewelry

These items can be distracting in addition to potentially being lost or stolen. Parent(s)/ Guardian(s) are asked to adhere to the guidelines. The Hertford County 4-H Program will not be responsible for lost or stolen items.

TRANSPORTATION

Participants must have their own transportation to and from the location listed in the workshop description unless otherwise noted. Youth with a valid driver's license will not be allowed to transport other youth during a workshop, nor leave if registered for a workshop.

SUNSCREEN

All participants who are registered for outdoor activities are advised to wear sunscreen (30+ SPF). **Sunblock is considered a medication. Participants must provide their own and have it labeled with their name and listed on the medical release form.**



2018 Summer Fun Online Registration

<http://go.ncsu.edu/2018summerfun>

****If you have not enrolled in our new online enrollment system go to www.4honline.com.**

(This must be completed in order to participate.)

**If you need assistance with online access contact us at
252-358-7822**

****NOTE – Space is limited for programs! If you register online please wait for confirmation before sending payment to ensure that spaces are still available. Spaces are filled on a first come first serve basis. Spaces that require a fee must be paid before spot is secured.**



7. Cloverbud Farm to Fork Camp

Date: August 7th – 9th **Age:** 5 - 8 **Cost:** \$5

Minimum: 6 **Maximum:** 15 **Time:** 9:00am – 2:00pm

Location: Hertford County Cooperative Extension Office

Instructors: Stephanie Parker-Helmkamp, County Extension Director , Catherine Parker, Hertford County Student Wellness Center Director

Deadline to register: July 27th by 4:30pm

Come join in the fun of learning how our food goes from the farm to our fork! This year's camp will highlight squash and gourds, by making yummy recipes with different types of squash and making craft items using gourds. Cloverbuds participating in this camp will have hands on learning experiences in the kitchen preparing tasty healthy recipes. Campers will also enjoy exercising through fun group activities. On the last day of camp, we will have a celebration and invite parents to attend a brief presentation by the campers on all the things they have learned throughout the week. This camp is co-sponsored by Roanoke Chowan Community Health Center and the Farm to School to Healthcare initiative.



1. Fossil Discovery

Date: June 21st **Age:** 5 - 8 **Cost:** \$5.00

Minimum: 6 **Maximum:** 20 **Time:** 9:00am- 12:30pm

Location: Hertford County Cooperative Extension Office

Instructor: Craig & Becky Castello

Deadline to register: June 15th by 4:30pm

Come join us for a day of local fossil discovery. Learn about what has been in your neighborhood. You may be surprised! A snack will be provided.



2. Hunter Safety

Date: July 16th - 18th **Age:** 8 and Up **Cost:** FREE

Minimum: 5 **Maximum:** 20 **Time:** 8:30am – 12:30pm

Location: Hertford County Cooperative Extension Office

Instructors: NC Wildlife Officer Tim Wadsworth

Requirement: The interest in hunting and obtaining a NC certificate that one must have in order to purchase a NC hunting license.

Deadline to register: July 12th by 4:30pm

Participants will receive upon passing a state test, a certificate that is required to purchase a NC hunting license. **Must attend all 3 days** May bring a snack and drink. Also, participants will be offered range

3. Boater Safety Course

Date: July 19th- 20th **Age:** 8 and up **Cost:** FREE

Minimum: 5 **Maximum:** 20 **Time:** 8:30am – 12:30pm

Location: Hertford County Cooperative Extension Office

Instructor: NC Wildlife Officer Tim Wadsworth

Deadline to register: July 16th by 4:30pm



Like the water and like to drive a boat? Then come join us and learn how to properly operate a watercraft. Participants will receive certification upon passing state test. This class is not just informative, but it is also required to operate a boat and personal watercraft under the age of 26. May bring a snack and drink. ** Must attend all days**

4. Farm to Fork Cooking School

Date: July 24th - 27th **Age:** 9 – 12 **Cost:** \$10.00

Minimum: 6 **Maximum:** 15 **Time:** 9:00am-3:00pm

Location: Hertford County Cooperative Extension Office

Instructors: Stephanie Parker-Helmkamp, County Extension Director, Catherine Parker, Hertford County Student Wellness Center Director

Deadline to register: July 13th by 4:30pm



The Farm 2 Fork Cooking School will discuss simple cooking techniques and food safety. Youth will learn how to safely prepare simple healthy meals. We will also take field trips to area gardens and businesses in order to see how our food goes from being grown on the farm to being processed and then to the store for us to buy. Campers will also enjoy exercising through fun group activities. This year we will highlight squash and gourds, by making yummy recipes out of different types of squash and craft items using gourds. On the last day of camp, we will have a celebration and invite parents to attend a brief presentation by the campers on all the things they have learned throughout the week. This camp is co-sponsored by Roanoke Chowan Community Health Center and the Farm to School to Healthcare Initiative.

5. Marine Science Camp

Date: August 2nd **Age:** 9 -12 **Cost:** \$10

Minimum: 6 **Maximum:** 6 **Time:** 9:30am – 5pm

Location: Hertford Co. Coop. Extension Office & travel to Jennette's Pier, Nags Head, NC

Instructors: Aquarium Staff at Jennette's Pier

Requirement: Interest in Marine Science and bring a bag lunch

Deadline to register: July 20th by 4:30pm

If you love Marine Science this is the camp for you. We will travel to Jennette's Pier in Nags Head, NC where the youth will participate in the Pier Fishing 101 workshop and after then try their hand at building a solar powered boat.



6. Nature Adventures

Date: August 6th **Age:** 5 and Up **Cost:** Free

Minimum: 5 **Maximum:** 20 **Time:** 8:30am - 12:30pm

Location: Hertford Co. Coop. Extension Office

Instructors: NC Wildlife Officer Tim Wadsworth, NC Wildlife Biologist and NC Fish Biologist.

Requirement: Interest in outdoors and bring a bag lunch

Deadline to register: August 1st by 4:30pm

Come explore nature. Youth will learn about wildlife native to North Carolina. Local professionals will be sharing information regarding area wildlife and marine life. Come ready to have fun and learn about nature in our area.